South African Master Weightlifting Federation

Affiliated with International Masters Weightlifting Association

Date: 19th November 2025

NOTICE

The 2025 Annual General Meeting of the South African Master Weightlifting Federation will be held on the 19th December 2025 at 2pm.

The Venue: Virtual Zoom Meeting

AGENDA

1) To read the notice convening the meeting
2) To read and confirm the credentials and apologies if any
3) To confirm the minutes of the last AGM and to deal with matters arising
4) To confirm the Treasurer's Income and Expenditure Account and Balance Sheet for 2025
5) To discuss and approve the Membership Fee for 2026
6) Masters World Championships 2026
7) International Championships 2026
8) SA Master Weightlifting Championships 2026
9) Feedback from committee members
10) Changes to the committee
11) Association with the South African Weightlifting Federation
12) Non-Profit Registration

Note: The Treasurer's Income and Expenditure documents will be issued by: 17th December 2025

Executive Members:
President: Michelle de Jong, Secretary: Caroline Wolf